

## Benefits

Who benefits from Alternative Senior Choices?

- Seniors in need of companionship
- Families in need of respite care
- Older adults who suffer from memory loss, Alzheimer's or other Dementias
- Seniors with physical impairments
- Seniors able to participate in group activities
- Seniors who only require minimal mobility assistance (i.e., canes, walkers and wheelchairs accepted)
- Seniors who are continent



**Alternative  
Senior Choices**

MEMORY CARE AND WELLNESS SERVICES

15099 13 Mile Road  
Warren, MI 48088  
PHONE: 866.451.3346

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**Corporate Office**  
2950 West Square Lake Road  
Suite 209  
Troy, MI 48098  
PHONE: 248.641.7200

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[www.alternativeseniorchoices.org](http://www.alternativeseniorchoices.org)



**Alternative  
Senior Choices**

MEMORY CARE AND WELLNESS SERVICES

To provide socialization with peers in a safe, caring and stimulating environment.



A 20 year history of providing quality day programming services.

## Alternative Senior Choices

Provides quality care in an atmosphere that allows family's peace of mind knowing their loved one is active in a supportive and compassionate environment. If you are the caregiver of an elder, Alternative Senior Choices makes available to you the opportunity to run errands or complete tasks that otherwise might be too difficult for your loved one to participate in.



## Programs Provided

Alternative Senior Choices offers programs and activities that are individualized to the unique needs and desires of each senior attending. Personal needs, interests and abilities guide staff towards activities that will engage and enhance the quality of life of each senior served. Activities may include:

- Music
- Group Discussions/Socialization
- Educational Activities
- Exercise
- Gaming Activities
- Personal Achievement Recognition
- Arts and Crafts
- Nutrition
- Pet Therapy
- Recreational Activities
- Cards
- Memory Enhancement Activities

## Skilled Staffing

Alternative Senior Choices is staffed by professional, capable personnel who must complete **Specialized Training Classes** and undergo **Criminal Background** and **Reference Investigation** which includes:

- Criminal Background/Reference Checks
- Cardio Pulmonary Resuscitation (CPR)
- First Aid
- Tuberculin Screening
- Dementia Care & Programming
- Basic Safety

